



GOOD VIBRATIONS

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Walking into interior designer Pinky and Harish Kapoor's residence is an education in aestheticism, There is peace and harmony in the interiors that owes its origin to Pinky's interior skills and her partiality to the science of chi (positive energy) termed feng shui by the Chinese,

Pinky on her home -

A house according to me is ruled by common sense and love for one's family. I also believe that good housekeeping means respect for the environment. I find the art of feng shui to be a perfect guide for doing up one's interiors. To have an abundance of light, fresh air and fragrance of flowers are little things that are important in my scheme of things. I also believe in combining common-sense with a reverence for nature.

Feng shui is basically a science of interiors, It is a study of how to balance the five elements: wood, water, earth, metal and fire. This ancient art brings a lot of peace and happiness in one's home. The bells and the chimes at the entrance of my house are an intrinsic part of this scheme. The sweetness of the chimes have an age-old relevance. They create positive vibrations in a home, akin to peaceful vibrations in a temple.

I like neutral colours. The master bedroom is only 12 by 14 but the beige colour scheme makes it look bigger. Dark colours can get oppressive in a room that is meant for rest. Maintaining these light pastel shades is not difficult as I follow 'operation cleanliness' rather rigidly.

I detest clutter. I really feel claustrophobic in it. A part of my daily routine is to junk things. Clutter is bad and has a very negative impact on a person's psyche. It clutters the subconscious and one feels weighed down for no apparent reason.

I have a mirror inside my wardrobe. A mirror kept inside can create the happy illusion of doubling one's wealth. All my rooms are sparsely furnished- a bed, one chair, a writing table and almirahs that are built in. However, I believe in energising directions by way of pictures, crystal balls and light.

Many people find the' art of feng shui rather complicated but it works instinctively. Everything has to have a place, so why not accord the right place to it. It makes the decor look well-coordinated. You cannot place your furniture and artefacts haphazardly. Try balancing them and feel the beauty and peace that emanates from them. It is a thing to be felt.

I like spotlights. They add a lot of charm and illuminate the dark corners without drawing attention to themselves. I have a fascination for ornate furniture. I designed all the furniture myself. We have an old carpenter who comes home and works. He took two months to complete everything. My furniture is made of teak and is 15-years-old.

I plan the placements of all my possessions. For example, the piano is in the north-west area. It is meant to stimulate energy. The study table is in the east which is my daughter's education area. A triangular red clock in the area, and crystal on the windows complete the balance of earth and fire. My daughter, however, is not happy. She would ideally like to live in absolute mess. I am like a supervisor going on a round every morning checking all the rooms and if I find anything out of place, I get it back to order. Just following some of these basic principles of decor and environment can infuse any home with life and good health.

As told to AnJu Munhi